

	Monday			Tuesday			Wednesday			Thursday			Friday		
Week 3 w/c 20/11/17 & 18/12/17	Turkey Meatballs in Gravy		Tomato Pasta Bake	Chicken Casserole		Veggie Grills	Roast Pork & Apple Sauce		Macaroni Cheese	Cheese & Tomato Pizza		Salmon Fish Finger	Battered Fish	Tomato Puff	
TICK MAIN OPTION															
Available to all – no need to choose	New Potatoes, Peas, Sweetcorn, Salad, Bread			Boiled Potatoes, Swede, Carrots, Salad, Bread			Roast Potatoes, New Potatoes, Cabbage, Cauliflower, Gravy, Salad, Bread			Potato Wedges, Peas, Tomatoes, Salad, Bread			Chips, Baked Beans, Peas, Tomatoes, Salad, Bread		
	Apricot Cookie & Juice	Yoghurt	Fruit Cup	Apple Crumble & Custard	Yoghurt	Fruit Cup	Ginger Sponge & Custard	Yoghurt	Fruit Cup	Carrot Cake	Yoghurt	Fruit Cup	Ice Cream Sundae	Yoghurt	Fruit Cup
TICK TO INDICATE CHOICE															

	Monday			Tuesday			Wednesday			Thursday			Friday		
Week 4 w/c 30/10/17 & 27/11/17	Sausage Rolls		Cheese & Tomato Pizza	Lasagne & Garlic Bread		Jacket Potato & Baked Beans	Roast Chicken & Stuffing		Quorn Sausages	Beef Casserole		Veggie Chow Mein	Cod Fish Cakes	Cheese & Pepper Rolls	
TICK MAIN OPTION															
Available to all – no need to choose	Potato Wedges, Peas, Tomatoes, Salad, Bread			Sweetcorn, Cauliflower, Salad, Bread			Roast Potatoes, New Potatoes, Cabbage, Swede, Gravy, Salad, Bread			Boiled Potatoes, Broccoli, Carrots, Salad, Bread			Chips, Baked Beans, Tomatoes, Peas, Salad, Bread		
	Fruit Cookie & Juice	Yoghurt	Fruit Cup	Fruit Jelly	Yoghurt	Fruit Cup	Pineapple Sponge & Custard	Yoghurt	Fruit Cup	Banana Flapjack	Yoghurt	Fruit Cup	Orange Smoothie	Yoghurt	Fruit Cup
TICK TO INDICATE CHOICE															

Please return to the school office by Monday 9 October at the latest. Thank you.

Parent/Carer Signature

Date